



- 1 樂活前門提供消毒液，同時鼓勵大家自備隨身攜帶消毒液。**  
Sanitizer is provided at the front entrance. You are encouraged to bring your own too.
- 2 身體不適者請在家休息，若出現體溫超過37.5度、咳嗽、傷風、感冒等症狀，謝絕入館。**  
If you feel unwell, please rest at home. Entry refrain if symptom such as temperature exceeded 37.5 degree, cough, cold & etc. appeared.
- 3 請自備水壺。**  
Please bring your own water tumbler.
- 4 基於衛生准則，請攜帶自己的瑜伽墊、瑜伽用品。**  
歡迎向櫃台購買瑜伽磚、瑜伽毛巾、瑜伽繩等。  
Based on hygiene guidelines, we encourage you to bring your own yoga mat and other yoga accessories. You are also welcome to purchase yoga blocks, yoga towel, yoga rope etc. from the counter.
- 5 勤洗手。**  
Wash hands frequently.

### 實體課預約守則

## PHYSICAL CLASS RESERVATION SOP

- 1 為保護私隱不設電話群組供群體預約，請在櫃台登記或電話預約課程，聯絡號碼為012-6742964匯芝。**  
To protect privacy, there is No Whatsapp group for group booking convenient. Please proceed to the counter or Whatsapp Teacher Hui Zhi 012-6742964.
- 2 預約課程由個人私自辦理，不予他人代辦。預約課程僅限1天前辦理，不受理更早的預約登記。比如星期二的課請在星期一預約，星期三的課請在星期二預約，以此類推。**  
Please make class booking for yourself only and not behalf of others. Class booking could be done through phone or register personally at the counter. Class Booking are only available 1 day ahead and no later dates will be accepted. For example, booking of Tuesday class can be done on Monday, booking of Wednesday class can be done on Tuesday and so on.
- 3 已預約但無法上課，請於課前2小時電話取消，好開放位子給候補名單上的學員。**  
If you need to cancel your booking, please call to cancel at least 2 hours before class so to give your seat to those on waiting list.
- 4 月內超過三次：**
  - 1) 預約但無故缺席
  - 2) 不克出席又未於2小時前或在課後取消預約者將失去來月預約課程的機會，但可在課前30分鐘親臨樂活等候空位上課。

For those who found more than 3 times :

- 1) Absent without reason
  - 2) Absent and did not cancel booking 2 hours before class or cancel only after class
- will lose the opportunity to make class booking via phone the coming month. However, try your luck physically the next class 30 minutes before class commence outside the classroom.

### 溫馨提醒 A GENTLE REMINDER

為了大家的健康，請做好個人防護，進出公共場合請配戴口罩。  
Let's stay cautious and extra considerate during this challenging time.  
Let's practice good hygiene etiquette, wear a mask at all times.